

Rotating Lunch Schedule

Monday

Tuesday

Wednesday

Thursday

Friday

	Monday	Tuesday	Wednesday	Thursday	Friday	
Week 1	Breakfast	Whole Grain Toasty-Os & Bananas	English Muffin & Halved Apricot	Whole Grain French Toast & Applesauce	Crispy Rice Cereal & Oranges	Pancakes & Fresh Strawberries
	Lunch	Bean & Cheese Burritos Steamed Corn Mixed Berries	Cheesy Mac & Cheese Bake Diced Chicken Steamed Broccoli Apple Slices	Sliced Turkey Whipped Potatoes and Gravy Diced Carrots, Peaches Veg Option: Veggie Burger	Spaghetti and Meat Sauce Garlic Bread Green Beans, Pineapple Veg Option: Buttered Spaghetti	Cheese Pizza Mixed Vegetables Sliced Pears
	Snack	Whole Grain Graham Crackers with Sun Butter	Cucumber and Carrot Slices with Ranch (Toddlers Steamed Carrots)	Yogurt & Berries	Goldfish Crackers	Animal Crackers
Week 2	Breakfast	Yogurt & Fresh Strawberries	Raisin Bran Cereal	Whole Grain Biscuits & Applesauce	Cheesy Omelette	Whole Grain Toasty-Os & Bananas
	Lunch	Beef Teriyaki Brown Rice Mixed Vegetables, Mango Veg Option: Veggie Burger	Cheese Ravioli & Marinara Garlic Bread Stick Green Beans Pears	Chicken Nuggets Potato Wedges Diced Carrots Veg Option: Corn Nuggets	Turkey Meatball Sub on a Whole Wheat Roll Steamed Peas, Oranges Veg Option: Grilled Cheese	Baked Chicken Patty Sweet Potato with Cinnamon & Brown Sugar Veg Option: Veggie Sausage Patty
	Snack	Fig Newtons	Cheese Cubes & Ritz	Corn Muffins	Chex Mix	Apricot Halves
Week 3	Breakfast	Cinnamon Raisin Bagel	Yogurt & Blueberries	Kix Cereal & Peaches	Egg Patty on English Muffin	Corn Flakes & Banana
	Lunch	Brown Rice Bowl with Diced Chicken Carrots and Peas Applesauce	Turkey Burger Potato Wedges Green Beans, Pineapple Veg Option: Veggie Burger	Sliced Turkey Whipped Potatoes and Gravy Diced Carrots, Peaches Veg Option: Veggie Burger	Grilled Cheese Sandwich Tomato Soup Oranges	Baked Fish Sticks Mashed Potatoes Strawberries Veg Option: Mozzarella Sticks
	Snack	Sunbutter & Jelly Sandwiches	Tortilla Chips & Salsa	Yogurt & Berries	Baked Apples with Cinnamon	Cucumber and Carrot Slices with Ranch (Toddlers Steamed Carrots)
Week 4	Breakfast	Whole Grain Toasty-Os & Bananas	Crispy Rice Cereal	Whole Grain French Toast & Applesauce	English Muffin & Pears	Pancakes & Fresh Strawberries
	Lunch	Spaghetti and Meat Sauce Garlic Bread Green Beans, Pineapple Veg Option: Buttered Spaghetti	Italian Ravioli with Fresh Spinach Apple Slices	Bean & Cheese Burritos Steamed Corn Mixed Berries	Turkey Sausage & Egg Biscuit Breakfast Sandwich Apricots Veg Option: Veggie Sausage Patty	Cheese Pizza Mixed Vegetables Sliced Pears
	Snack	Goldfish Crackers	Fresh Broccoli and Cauliflower with Ranch (Toddlers steamed)	Sliced Banana & Sunbutter	Animal Crackers	Vanilla Pudding
Week 5	Breakfast	Kix Cereal	Corn Muffin	Whole Grain Pancakes	Raspberry Yogurt	Cheerios and Bananas
	Lunch	Penne Pasta & Marinara Broccoli Chilled Cinnamon Applesauce	Baked Chicken Patty Sweet Potato with Cinnamon & Brown Sugar Veg Option: Veggie Sausage Patty	Turkey Burger Potato Wedges Green Beans, Pineapple Veg Option: Veggie Burger	Beef Teriyaki Brown Rice Mixed Vegetables, Mango Veg Option: Veggie Burger	Baked Fish Sticks Mashed Potatoes Strawberries Veg Option: Mozzarella Sticks
	Snack	Chex Mix	Cheese Cubes & Ritz	Tortilla Chips & Salsa	Fig Newtons	Baked Apples with Cinnamon



- Milk is served at Breakfast and Lunch.
- Water is offered during all meals.
- Menu subject to change upon availability

