

CRÈME DE LA CRÈME DISCIPLINE POLICY

1. Discipline is the on-going process of helping children to develop their controls so that they can manage their own behavior in socially approved/acceptable ways.
2. Discipline techniques should always be based on respect for the child.
3. Discipline techniques should be appropriate for the child's developmental level and should not be out of proportion to any particular inappropriate behavior.
4. Expectation for children's behavior should be realistic for the child's developmental level and include the basic premise that "children should learn from making mistakes".
5. Appropriate discipline techniques include:
 - ❖ Reinforcement for positive behavior.
 - ❖ Modeling appropriate behavior.
 - ❖ Redirection to a more acceptable behavior.
 - ❖ Setting clear limits, which are stated in a very positive way.
 - ❖ Offer choices.
 - ❖ Ignoring negative behavior while praising positive behavior.
 - ❖ Including the child in resolution of conflict.
6. Inappropriate discipline techniques include:
 - ❖ Abuse or neglect.
 - ❖ Isolation.
 - ❖ Physical punishment.
 - ❖ Cruel, harsh, unusual or extreme techniques.
 - ❖ Screaming at the child.
 - ❖ Ridiculing a child's family or themselves.
 - ❖ Confining children to a locked room, enclosed area, or equipment such as cribs or highchairs.
 - ❖ Blaming, teasing, insulting, name calling or threatening the child with punishment.
 - ❖ Subject children to inappropriate language or verbal abuse.
 - ❖ Asking children to manage or discipline other children.
 - ❖ Using a "timeout" technique.
 - ❖ Withholding of affection or positive attention.
 - ❖ Withholding food or beverage.

WHY:

- To ensure a degree of safety to children in care away from their families.
- To teach self-discipline as opposed to motivation by fear of punishment.
- To ensure that there is a reasonable relationship between inappropriate act and the consequence.

Signature _____ **Date** _____