

Physical Education Lesson Plan

Unit: Cooperative Games Lessons: Physical Me Class: Gymnasium Week: September 3-7, 2018

Day of the Week	Gard 2	Gard 3	Crème Prep	Transitional Kinder	Kindergarten
Monday	Labor Day	Labor Day	Labor Day	Labor Day	Labor Day
Tuesday	Objective: SWBAT demonstrate movements of different body parts. Move to a beat warm-up How do our heads move? Shoulders? Arms? Hands? Hips? Legs? Feet? Head, Shoulders, Knees, and Toe Hokey Pokey	Objective: SWBAT demonstrate movements of different body parts. Move to a beat warm-up How do our heads move? Shoulders? Arms? Hands? Hips? Legs? Feet Head, Shoulders, Knees, and Toes Hokey Pokey	Objective: SWBAT demonstrate movements of different body parts. Move to a beat warm-up How do our heads move? Shoulders? Arms? Hands? Hips? Legs? Feet Head, Shoulders, Knees, and Toes Hokey Pokey	Objective: SWBAT demonstrate movements of different body parts. Move to a beat warm-up How do our heads move? Shoulders? Arms? Hands? Hips? Legs? Feet Head, Shoulders, Knees, and Toes Hokey Pokey	Objective: SWBAT demonstrate movements of different body parts. Move to a beat warm-up How do our heads move? Shoulders? Arms? Hands? Hips? Legs? Feet Head, Shoulders, Knees, and Toes Hokey Pokey
Wednesday	Objective: SWBAT recall various movements of different body parts. Warm-up We smile with our? Point with our? Walk on our? Shake our? Stand up tall on our? Various movements in general space	Objective: SWBAT recall various movements of different body parts. Warm-up We smile with our? Point with our? Walk on our? Shake our? Stand up tall on our? Various movements in general space	Objective: SWBAT recall various movements of different body parts. Warm-up We smile with our? Point with our? Walk on our? Shake our? Stand up tall on our? Various movements in general space	Objective: SWBAT recall various movements of different body parts. Warm-up We smile with our? Point with our? Walk on our? Shake our? Stand up tall on our? Various movements in general space	Objective: SWBAT recall various movements of different body parts. Warm-up We smile with our? Point with our? Walk on our? Shake our? Stand up tall on our? Various movements in general space
Thursday	Objective: SWBAT safely move in general space. Rhyming warm-up (What body part rhymes with bed?- head Beg? Farm? Boulder? Hello? Etc.) Review moving in open space Play "Clean-up"	Objective: SWBAT safely move in general space. Rhyming warm-up (What body part rhymes with bed?- head Beg? Farm? Boulder? Hello? Etc.) Review moving in open space Play "Clean-up"	Objective: SWBAT safely move in general space. Rhyming warm-up (What body part rhymes with bed?- head Beg? Farm? Boulder? Hello? Etc.) Review moving in open space Play "Clean-up"	Objective: SWBAT safely move in general space. Rhyming warm-up (What body part rhymes with bed?- head Beg? Farm? Boulder? Hello? Etc.) Review moving in open space Play "Clean-up"	Objective: SWBAT safely move in general space. Rhyming warm-up (What body part rhymes with bed?- head Beg? Farm? Boulder? Hello? Etc.) Review moving in open space Play "Clean-up"

Friday

<p>Objective: SWBAT safety move in general space with class at different levels.</p> <p>Warm-up Move in different Pathways “ I can, you can”</p> <p>Practice rotating stations</p>	<p>Objective: SWBAT safety move in general space with class at different levels.</p> <p>Warm-up Move in different Pathways “ I can, you can”</p> <p>Practice rotating stations</p>	<p>Objective: SWBAT safety move in general space with class at different levels.</p> <p>Warm-up Move in different Pathways “ I can, you can”</p> <p>Practice rotating stations</p>	<p>Objective: SWBAT safety move in general space with class at different levels.</p> <p>Warm-up Move in different Pathways “ I can, you can”</p> <p>Practice rotating stations</p>	<p>Objective: SWBAT safety move in general space with class at different levels.</p> <p>Warm-up Move in different Pathways “ I can, you can”</p> <p>Practice rotating stations</p>
--	--	--	--	--

Physical Education Lesson Plan

Unit: **Cooperative Games/ Discovery Lessons: My Senses Class: Gymnasium**

Week: **September 10-14, 2018**

Day of the Week	Gard 2	Gard 3	Crème Prep	Transitional Kinder	Kindergarten
Monday	Obj: SWBAT demonstrate an understanding of sight as a part of our 5 senses. W-up Discuss the sense of sight "I spy"	Obj: SWBAT demonstrate an understanding of sight as a part of our 5 senses. W-up Discuss the sense of sight "I spy"	Obj: SWBAT demonstrate an understanding of sight as a part of our 5 senses. W-up Discuss the sense of sight "I spy"	Obj: SWBAT demonstrate an understanding of sight as a part of our 5 senses. W-up Discuss the sense of sight "Concentration"	Obj: SWBAT demonstrate an understanding of sight as a part of our 5 senses. W-up Discuss the sense of sight "Concentration"
Tuesday	Obj: SWBAT demonstrate an understanding of sound as a part of our 5 senses. W-up Discuss the sense of sound Play "Red Light/ Green Light"	Obj: SWBAT demonstrate an understanding of sound as a part of our 5 senses. W-up Discuss the sense of sound Play "Red Light/ Green Light"	Obj: SWBAT demonstrate an understanding of sound as a part of our 5 senses. W-up Discuss the sense of sound Play "Red Light/ Green Light"	Obj: SWBAT demonstrate an understanding of sound as a part of our 5 senses. W-up Discuss the sense of sound Play "Freeze tag"	Obj: SWBAT demonstrate an understanding of sound as a part of our 5 senses. W-up Discuss the sense of sound Play "Freeze tag"
Wednesday	Obj: SWBAT demonstrate an understanding of smell and taste as a part of our 5 senses. W-up Silly faces circle Smell vs. Taste Matching Game	Obj: SWBAT demonstrate an understanding of smell and taste as a part of our 5 senses. W-up Silly faces circle Smell vs. Taste Matching Game	Obj: SWBAT demonstrate an understanding of smell and taste as a part of our 5 senses. W-up Silly faces circle Smell vs. Taste Matching Game	Obj: SWBAT demonstrate an understanding of smell and taste as a part of our 5 senses. W-up Silly faces circle Smell vs. Taste Relay	Obj: SWBAT demonstrate an understanding of smell and taste as a part of our 5 senses. W-up Silly faces circle Smell vs. Taste Relay
Thursday	Obj: SWBAT demonstrate an understanding of touch as a part of our 5 senses. W-up Rhyming Puzzles/ Fitness Find the bean bags	Obj: SWBAT demonstrate an understanding of touch as a part of our 5 senses. W-up Rhyming Puzzles/ Fitness Find the bean bags	Obj: SWBAT demonstrate an understanding of touch as a part of our 5 senses. W-up Rhyming Puzzles/ Fitness Find the bean bags	Obj: SWBAT demonstrate an understanding of touch as a part of our 5 senses. W-up Rhyming Puzzles/ Fitness Find the bean bags	Obj: SWBAT demonstrate an understanding of touch as a part of our 5 senses. W-up Rhyming Puzzles/ Fitness Find the bean bags

Friday

<p>Obj: SWBA'I demonstrate our 5 senses during a collaborative activity. W-up "The 5 Senses Song" Hide and Seek/ Maze</p>	<p>Obj: SWBA'I demonstrate our 5 senses during a collaborative activity. W-up "The 5 Senses Song" Hide and Seek/ Maze</p>	<p>Obj: SWBA'I demonstrate our 5 senses during a collaborative activity. W-up "The 5 Senses Song" Hide and Seek/ Maze</p>	<p>Obj: SWBA'I demonstrate our 5 senses during a collaborative activity. W-up "The 5 Senses Song" Hide and Seek/ Maze</p>	<p>Obj: SWBA'I demonstrate our 5 senses during a collaborative activity. W-up "The 5 Senses Song" Hide and Seek/ Maze</p>
---	---	---	---	---

Physical Education Lesson Plan

Unit: **Rolling/Tossing** Lessons: **I Think, I Feel** Class: **Gymnasium** Week: **September 17 -21, 2018**

Day of the Week	Gard 2	Gard 3	Crème Prep	Transitional Kinder	Kindergarten
Monday	SWBAT toss/roll at a given target. W-Up Emotion Face Circle Tossing and Rolling stations	SWBAT toss/roll at a given target. W-Up Emotion Face Circle Tossing and Rolling stations	SWBAT toss/roll at a given target. W-Up Emotion Face Circle Tossing and Rolling stations	SWBAT toss/roll at a given target. W-Up Emotion Face Circle Tossing and Rolling stations	SWBAT toss/roll at a given target. W-Up Emotion Face Circle Tossing and Rolling stations
Tuesday	SWBAT toss/roll at a given target. W-Up Musical Hoops Bowling	SWBAT toss/roll at a given target. W-Up Musical Hoops Bowling	SWBAT toss/roll at a given target. W-Up Musical Hoops Bowling	SWBAT toss/roll at a given target. W-Up Musical Hoops Bowling	SWBAT toss/roll at a given target. W-Up Musical Hoops Bowling
Wednesday	SWBAT toss/roll at a given target. W-Up Scarf play Burst the Bubble	SWBAT toss/roll at a given target. W-Up Scarf play Burst the Bubble	SWBAT toss/roll at a given target. W-Up Scarf play Burst the Bubble	SWBAT toss/roll at a given target. W-Up Scarf play Burst the Bubble	SWBAT toss/roll at a given target. W-Up Scarf play Burst the Bubble
Thursday	SWBAT toss/roll at a given target. W-Up Relay Tossing/rolling stations	SWBAT toss/roll at a given target. W-Up Relay Tossing/rolling stations	SWBAT toss/roll at a given target. W-Up Relay Tossing/rolling stations	SWBAT toss/roll at a given target. W-Up Relay Tossing/rolling stations	SWBAT toss/roll at a given target. W-Up Relay Tossing/rolling stations
Friday	SWBAT toss/roll at a given target. W-Up Block Relay "Happy Birds"	SWBAT toss/roll at a given target. W-Up Block Relay "Happy Birds"	SWBAT toss/roll at a given target. W-Up Block Relay "Happy Birds"	SWBAT toss/roll at a given target. W-Up Block Relay "Happy Birds"	SWBAT toss/roll at a given target. W-Up Block Relay "Happy Birds"