

Infant Feeding Plan Transition to Table Food

Child's Name: _____ Birthday: _____ Date: _____

Does the child take formula/whole milk? Yes [] No []

Does the child take a bottle? Yes [] No []

Is the bottle warmed? Yes [] No []

Does the child hold own bottle? Yes [] No []

Can the child feed self? Yes [] No []

Amount of formula/whole milk to be given? _____

Updated amounts of formula/whole milk: _____ Date: _____

_____ Date: _____

_____ Date: _____

Table food additions: _____ Date: _____ Signature: _____

_____ Date: _____ Signature: _____

_____ Date: _____ Signature: _____

Does the child eat:

Strained Foods [] Whole Milk []

Baby Foods [] Table Food []

Formula [] Other []

Does the child take a pacifier? Yes [] No []

When? _____

Food likes: _____ Food dislike: _____

Allergies- including any premixed formula: _____

Child's Schedule (please list approximate times, approximate types and approximate amounts of food)

Breakfast: _____

Lunch: _____

Dinner: _____

Morning Nap: _____

Instructions for the introduction of solid foods: _____

As needed, please list updated instructions regarding adding new foods or other dietary changes.

Parent/Guardian Signature: _____