

Lesson Plans for Choices • Decisiones - Healthy Choices (Week 2)					Date	November 5-9, 2018	Teacher	Garderie 3
Wonderful Word		<i>nutritious, nutritivo</i>	Character Education	Fairness, <i>Justicia</i> Confidence, <i>Confianza</i>	Technology		Writer's Corner; ABC & XYZ	
Literacy	Vocabulary, Phonological Awareness - Alliteration		Letter Knowledge D	English-F, f, N, n, B, b Spanish-F, f, N, n, B, b	Math	Geometry		
English Vocabulary		abundant, bean, dairy, dehydrated, diagonal, feast, fruits, grain, horizontal, meat, nutritious, produce, silkworms						
Spanish Vocabulary		abundante, frijol, lácteo, deshidratado, diagonal, festín, frutas, grano, horizontal, carne, nutritiva, productos alimenticios, gusanos de seda, verduras						
LESSON COMPONENTS		Day 1	Day 2	Day 3	Day 4	Day 5		
Greeting Circle		<ul style="list-style-type: none"> Morning Message-What is your favorite nutritious food? Building Community- Teach "Go Bananas" (p. 196) 	<ul style="list-style-type: none"> Morning Message- Bread and tortillas are fine with butter. Building Community- Sing "Muffin Man" 	<ul style="list-style-type: none"> Morning Message- Peanut butter and eggs are nutritious. Building Community- Sing "Peanut Butter" 	<ul style="list-style-type: none"> Morning Message-Does fast food have nutrients? Building Community- Sing "Raindrop Song" 	<ul style="list-style-type: none"> Morning Message- Water keeps your body and brain healthy. Building Community- Sing "Drink, Drink, Drink Your Water" 		
Moving and Learning		Fruit Basket Turnover • Canasta de frutas game	Food clapping rhymes	Drop the Peanut • Suelta el cacahuete game	Who Took the Cookie from the Cookie Jar? • ¿Quién se comió las galletitas de mamá? game	Raindrop ribbon dance		
Literacy (Oral Language, Phonics, Handwriting, Read Aloud)		<ul style="list-style-type: none"> Compare and categorize fruits and vegetables Sequence seed to fruit <p>Centers</p> <ul style="list-style-type: none"> Science - Sort fruits and vegetables <p>HWT- Introduce the letter D Wooden Pieces</p> <p>"Reagan's Journal" • "El diario de Reagan" listening story</p> <ul style="list-style-type: none"> Graph favorite snack Learn about silkworms and their diet <p><i>Food Around the World • Comidas de todo el mundo</i></p> <ul style="list-style-type: none"> Discuss the food pyramid Focus on fruits and vegetables 	<ul style="list-style-type: none"> Retell and role-play "Little Red Hen" Discuss different kinds of bread <p>Centers</p> <ul style="list-style-type: none"> Writer's Corner - Form play dough letters Language and Literacy - Use sequence cards to retell a story <p>HWT- Letter D Roll-a-Dough</p> <p>"The Country and City Mouse" • "El ratón de campo y el ratón de la ciudad" listening story</p> <ul style="list-style-type: none"> Compare the city mouse and the country mouse Discuss the abundant feast <p>"Little Red Hen" • "<i>La gallinita roja</i>"</p> <ul style="list-style-type: none"> Shared reading Develop vocabulary 	<ul style="list-style-type: none"> Imagine creative hamburgers Notice /h/ at the beginning of words <p>Centers</p> <ul style="list-style-type: none"> Creativity Station - Draw a hamburger Language and Literacy - Sort rhyming objects <p>HWT- Letter D Green Workbook</p> <p>.</p> <p><i>Food Around the World • Comidas de todo el mundo</i></p> <ul style="list-style-type: none"> Discuss different proteins and how they are prepared for eating Focus on nuts <p>"Food Nursery Rhymes" • "Rimas infantiles en torno a la comida" story folder</p> <ul style="list-style-type: none"> Listen for rhyming words 	<ul style="list-style-type: none"> Vote for favorite fast-food snack <p>Centers</p> <ul style="list-style-type: none"> Writer's Corner - Use magnetic letters to copy words Construction - Build fast-food restaurants Library and Listening - Listen to story <p>HWT- Letter D Stamp-n-See</p> <p>"Candy Land Journey" • "Diario del país del dulce" action story</p> <ul style="list-style-type: none"> Discuss the importance of eating nutritious foods Recognize letters c and d <p>Food Around the World • Comidas de todo el mundo</p> <ul style="list-style-type: none"> Categorize foods Discuss fast food 	<ul style="list-style-type: none"> Discuss importance of drinking water Work with rhyming words <p>Centers</p> <ul style="list-style-type: none"> Writer's Corner - Draw foods and give oral descriptions Language and Literacy - Retell nursery rhymes with props <p>HWT- Letter D Free Write</p> <p><i>Food Around the World • Comidas de todo el mundo</i></p> <ul style="list-style-type: none"> Review photos of foods List many other different foods <p>"Jack and Jill" • "Juan y Josefina" <i>Nursery Rhyme</i> • <i>Cuentos infantiles</i></p> <ul style="list-style-type: none"> Develop vocabulary Notice rhyming words 		
Weekly Learning Centers		<ul style="list-style-type: none"> Pretend and Learn - Set up a fruit and vegetable stand Fine Motor - Use tweezers to move apple seeds from one container to another container Construction - Make collages on boxes with pictures of fruits and vegetables 	<ul style="list-style-type: none"> Pretend and Learn - Add dairy and grain products and begin grocery store Fine Motor - Use tweezers to move the beads into cupcake holders Construction - Make collages on boxes with pictures of grains and dairy products for food pyramid 	<ul style="list-style-type: none"> Pretend and Learn - Add canned foods and pretend meat to the grocery store Fine Motor - Use tweezers to place the "pickles" on a bun (circle of brown construction paper) Construction - Make collages on boxes with pictures of fast-food items 	<ul style="list-style-type: none"> Pretend and Learn - Set up a fast food restaurant Fine Motor - Move candy from one bowl to the other using tweezers Construction - Build a sculpture using fast-food containers and napkins 	<ul style="list-style-type: none"> Pretend and Learn - Practice pouring water and cleaning up spills Fine Motor - Transfer water using a sponge and an eyedropper Construction - Build a well 		

LESSON COMPONENTS	Day 1	Day 2	Day 3	Day 4	Day 5
Math and Science	<ul style="list-style-type: none"> Investigate a pyramid shape Compare ovals and circles <p>Centers</p> <ul style="list-style-type: none"> Creativity Station - Make apple shapes with Wikki Stix™ Math - Match blocks to food items (three-dimensional shapes) 	<ul style="list-style-type: none"> Learn about triangles Develop concept of diagonal and horizontal <p>Centers</p> <ul style="list-style-type: none"> Creativity Station - Make horizontal and diagonal cuts Math - Follow rebus poster recipe to make a cheese sandwich 	<ul style="list-style-type: none"> Develop concept of three-dimensional shapes using food as models <p>Centers</p> <ul style="list-style-type: none"> Sensory Table - Make play dough shapes Science - Make food pyramids 	<ul style="list-style-type: none"> Create hexagonal shapes with pattern blocks <p>Centers</p> <ul style="list-style-type: none"> Math - Recreate hexagonal shapes with pattern blocks Sensory Table - Create patterns by twirling two colored strips 	<ul style="list-style-type: none"> Observe properties of liquid Introduce three-dimensional shapes <p>Centers</p> <ul style="list-style-type: none"> Science - Observe melting ice cubes
Character Education	Discuss what confidence means.	PATHS- Twiggle Turtle I	Introduce the concept of Hand Kites	Manners and Etiquette Lesson 4	How do you show confidence?
Closing Circle	<ul style="list-style-type: none"> Reflecting on the day Check on Commitments 	<ul style="list-style-type: none"> Reflecting on the day Check on Commitments 	<ul style="list-style-type: none"> Reflecting on the day Check on Commitments 	<ul style="list-style-type: none"> Reflecting on the day Check on Commitments 	<ul style="list-style-type: none"> Reflecting on the day Check on Commitments
Outdoor Learning	<ul style="list-style-type: none"> Balance beam 	<ul style="list-style-type: none"> Notice fall foliage 	<ul style="list-style-type: none"> Serve snack or lunch outdoors 	<ul style="list-style-type: none"> Provide props (hat, apron, ice cream cartons, snow-cone cups, music box, signage) to add to the bicycles to make them pretend ice-cream trucks 	<ul style="list-style-type: none"> Sandbox play
Learning Goals	<ul style="list-style-type: none"> Is aware of where own body is in space, respects personal boundaries Uses a wide variety of words to label and describe people, places, things, and actions Recognizes at least 20 letter sounds Uses category labels to understand how the words or objects relate to each other Identifies similarities and differences in characteristics of families Identifies good habits of nutrition and exercise Describes life cycles of organisms Names common shapes Creates shapes Slides, flips, and turns shapes to demonstrate that the shapes remain the same Describes, observes, and investigates properties and characteristics of common objects Investigates and describes position and motion of objects Uses category labels to understand how the words and objects relate to each other 	<ul style="list-style-type: none"> Shows understanding by following two-step oral directions and usually follows three-step directions Recognizes at least 20 letter sounds Sustains attention to personally chosen or routine tasks until they are completed Uses a large speaking vocabulary, adding several new words daily Uses category labels to understand how the words and objects relate to each other Asks and answers appropriate questions about the book Retells or reenacts a story after it is read aloud Creates or re-creates stories, moods, or experiences through dramatic representations Names common shapes Creates shapes Collects data and organizes it in a graphic representation Identifies good habits of nutrition and exercise Uses a wide variety of words to label and describe people, places, things, and actions 	<ul style="list-style-type: none"> Increasingly interacts and communicates with peers to initiate pretend-play scenarios that share a common plan and goal Recognizes at least 20 letter sounds Uses some appropriate writing conventions when writing or giving dictation Identifies similarities and differences in characteristics of families Recognizes at least 20 letter sounds Produces a word that rhymes with a given word Identifies good habits of nutrition and exercise Uses a large speaking vocabulary, adding several new words daily Produces a word that begins with the same sound as a given pair of words Creates shapes Collects data and organizes it in a graphic representation Engages in voting as a method for group decision making Demonstrates that all people need food, clothing, and shelter Discusses the roles and responsibilities of community workers Provides appropriate information for various situations 	<ul style="list-style-type: none"> Demonstrates empathy and caring for other Identifies good habits of nutrition and exercise Produces a word that begins with the same sound as a given pair of words Identifies good habits of nutrition and exercise Names at least 20 upper- and at least 20 lowercase letters Uses a wide variety of words to label and describe people, places, things, and actions Engages in voting as a method for group decision-making Recognizes at least 20 letter sounds Names common shapes Creates shapes Demonstrates use of location words Shows understanding by responding appropriately Participates in classroom music activities 	<ul style="list-style-type: none"> Begins to understand difference and connection between <i>feelings</i> and <i>behaviors</i> Recognizes, observes, and discusses the relationship of organisms to their environments Responds to different musical styles through movement and play Demonstrates that all people need food, clothing, and shelter Identifies good habits of nutrition and exercise Produce a word that rhymes with a given word Recognizes at least 20 letter sounds Names common shapes Recognizes how much can be placed within an object Identifies, compares, discusses earth materials and their properties and use Identifies and describes the characteristics of organisms