



## Toddler Club Program

**Theme 3: Friends Week 2: Friends Who Keep Us Healthy**

**Date: October 28- November 1**

**Objective: Children will learn about people who help take care of them and keep them healthy.**

**Parents as Partners: # 10**

**English Vocabulary: doctor, nurse, dentist, veterinarian, community, friends, teeth, pets**

**Spanish Vocabulary: doctora, enfermera, dentista, veterinario, comunidad, amigos, dientes, pets**

**American Sign Language (ASL): doctor, nurse, dentist, veterinarian, community, friends, teeth, pets**

LESSON COMPONENTS	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Starting the Day 8:00-8:30</b>	<p><b>UNITE:</b> Sing "Community Friends" using CD</p> <p><b>CALM:</b> Discuss taking deep breaths and teach ASL sign for doctor.</p> <p><b>CONNECT:</b> Welcome Max back and send well wishes to absent friends.</p> <p><b>BUILD COMMUNITY:</b> Pass around the safe keeper box and discuss our safe community.</p>	<p><b>UNITE:</b> Sing "The Dentist Says" using CD. Explain what a dentist is. Teach ASL for dentist and teeth.</p> <p><b>CALM:</b> Practice taking deep breaths- this is a way we can remain calm.</p> <p><b>CONNECT:</b> Explain what a veterinarian is and teach the ASL sign for veterinarian and pets.</p> <p><b>BUILD COMMUNITY:</b> Discuss using listening ears. What does it look like to be a good listener?</p>	<p><b>UNITE:</b> Review the ASL for doctor.</p> <p><b>CALM:</b> Review ASL for doctor and practice taking deep breaths.</p> <p><b>CONNECT:</b> Using a stuffed animal, practice being a veterinarian and listen to puppy's heartbeat.</p> <p><b>BUILD COMMUNITY:</b> Pass around the safe keeper box and discuss our safe community.</p>	<p><b>UNITE:</b> Sing " This is the Way We Brush our Teeth." Review the ASL for teeth and dentist.</p> <p><b>CALM:</b> What can we do to calm down? Take deep breaths-practice.</p> <p><b>CONNECT:</b> Review the ASL for veterinarian and pets. Practice being a puppy and shaking hands with you!</p> <p><b>BUILD COMMUNITY:</b> Practice good listening and have them look at you when you call their name.</p>	<p><b>UNITE:</b> Sing "Community Friend" using CD. Discuss what a doctor and nurse do.</p> <p><b>CALM:</b> Review ASL for doctor.</p> <p><b>CONNECT:</b> Welcome Max and send well wishes to absent friends.</p> <p><b>BUILD COMMUNITY:</b> Pass around the safe keeper box and discuss our safe community.</p>
<b>La Clase de Español 8:30-9:00</b>	Ms.Andrea's Lesson Plans	Ms.Andrea's Lesson Plans	Ms.Andrea's Lesson Plans	Ms.Andrea's Lesson Plans	Ms.Andrea's Lesson Plans
<b>Language Development 9:00-9:30 AM Snack 9:30-10:00</b>	Tell "Tillie the Triangle" chalk story. Re-read a few times and then provide construction paper shapes to match the shape that Tillie sees in the mirror each time. Discuss the unhealthy foods that Tillie ate.	Read <u>Community Friends</u> . Discuss that friends are people who help each other. Ask what each friend does to help us.	Read the poem "Stomach Ache. Discuss if they have ever had a stomach ache and how their tummy felt.	Tell "Tillie the Triangle" chalk story. Re-read a few times and then provide construction paper shapes to match the shape that Tillie sees in the mirror each time. Discuss the unhealthy foods that Tillie ate.	Read the poem "Stomach Ache. Discuss if they have ever had a stomach ache and how their tummy felt.
<b>Outdoor Play 10:00-10:30 3:00-3:30</b>	Using the CD play "The Farmer in the Dell." Focus on the nurse in the song.	Have students feel the beat of their hearts. Run and feel it again.	Using the CD play "The Farmer in the Dell." Focus on the nurse in the song.	Have students feel the beat of their hearts. Run and feel it again.	Using the CD play "The Farmer in the Dell." Focus on the nurse in the song.

LESSON COMPONENTS	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Cognitive Development</b> 10:30-11:00	Match the workers and tools cards. Discuss how the workers use each tool.	Complete the worker puzzles. Discuss the various workers and what they do.	Photo Activity Cards 18 doctor, 19 nurse ,20 dentist ,21 vet. Practice vocabulary and stimulate discussion using the back of the cards. Teach the ASL signs.	Discuss healthy habits- washing hands, eating nutritious foods, exercising, and going to the doctor. Practice washing hands while singing the ABCs.	Teach the 9-1-1 song. Show them the numerals on a phone. Discuss why you might need to call this number. Focus on only calling this for emergency. Repeat often.
<b>Learning Centers</b> 11:00-11:30 <b>Lunch</b> 11:30-12:00	Fill a basket with books about community workers. Practice picture walks and listening skills.	Set up a pretend doctor's office. Encourage them to listen to each others hearts and practice being nurses or doctors using stuffed animals.	Have students paint with toothbrushes.	Using the healthy and unhealthy food pictures, sort the food into two groups. Discuss why they are healthy/unhealthy.	Encourage the children to build with legos and pegs to enhance their imagination
<b>Social Emotional Development</b> 3:30-4:00	Teach "Heal the Hurt" rhyme. Discuss what mommy or daddy do for us when we are hurt. Give children dolls to care for. Teach "Miss Polly's sick dolly" chant.	Teach "This Little Nurse" fingerplay. Talk about what the nurse does in helping the doctor. Review the ASL sign for nurse.	Teach "An apple a day keeps the doctor away." Discuss why apples are healthy. If possible, taste apples	Using a paper cup with bottom cut out or toilet paper tube, have students listen to your friends heartbeat. Discuss the importance of our hearts.	Make get-well cards for any sick children or for children in a local hospital. Discuss doctors and nurses and their jobs.
<b>Music &amp; Movement</b> 4:00-4:30	Ms.Becky's Lesson Plans	Ms.Becky's Lesson Plans	Ms.Becky's Lesson Plans	Ms.Becky's Lesson Plans	Ms.Becky's Lesson Plans
<b>Physical Development</b> 4:30-5:00	Discuss exercise and why it is important. Teach simple exercises, such as touching toes.	"Play the cotton ball pick-up game using cotton balls and a bucket." "	Act out the rhyme "5 Little Monkeys Jumping on the Bed." Discuss the danger of jumping on a bed and other alternatives.	Play the cotton ball pick-up game using cotton balls and a bucket.	Play "Doctor" and pretend that you are taking care of your patients
<b>Learning Goals</b>	(B.1.a) Establishes secure relationships with primary caregivers. (B.4.d) Begins to develop personal relationships with peers. (B.3.e) Begins to learn and internalize rules, routines, and directions.	(B.1.a) Establishes secure relationships with primary caregivers. (B.4.d) Begins to develop personal relationships with peers. (B.3.e) Begins to learn and internalize rules, routines, and directions.	(B.1.a) Establishes secure relationships with primary caregivers. (B.4.d) Begins to develop personal relationships with peers. (B.3.e) Begins to learn and internalize rules, routines, and directions.	(B.1.a) Establishes secure relationships with primary caregivers. (B.4.d) Begins to develop personal relationships with peers. (B.3.e) Begins to learn and internalize rules, routines, and directions.	(B.1.a) Establishes secure relationships with primary caregivers. (B.4.d) Begins to develop personal relationships with peers. (B.3.e) Begins to learn and internalize rules, routines, and directions.