

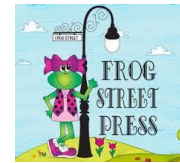


Lesson Plan for Choices • Decisiones - I Make Choices • Tomo decisiones (Week 14)		Date: December 2-6, 2019	Class: Crème Prep
Wonderful Word: <i>consequences</i> • consecue		Character <i>Fairness and Confidence</i> Education: Justicia y Confianza	Technology: Sounds and Rhyme; Frog Street Math-What Comes Next?
Literacy: Comprehension, Vocabulary	States' Standards and BSRA-3: Numbers/Counting: Rote Counting Without Place Value	Letter English -J, j, K, k, W, w Knowledge: Spanish -Q, q, J, j, H, h, Ch, ch	Math: Patterns and Numeracy
English Vocabulary: <i>alliteration, appropriate, choices, consequences, courageous, diligent, helpful, inappropriate, laws, promises, reluctant, rules, solutions, thoughtful</i>			
Spanish Vocabulary: <i>aliteración, apropiado, decisiones, consecuencias, valiente, diligente, útil, inapropiado, leyes, promesas, reluctante. reglas, soluciones, consideradas</i>			

LESSON COMPONENTS	Monday	Tuesday	Wednesday	Thursday	Friday
Greeting Circle	<p>BUILDING COMMUNITY</p> <ul style="list-style-type: none"> •UNITE: Introduce the theme Teach "Choices" p 184. •DISENGAGE THE STRESS RESPONSE: Invite children to choose a calming strategy. •CONNECT: Implement the Absent Child Ritual. •COMMIT: Implement the Safe Keeper Ritual and the Daily Commitment Ritual. •Challenge children to notice two kind acts today. • Morning Message: <i>I make thoughtful choices daily.</i> • <i>Todos los días tomo decisiones consideradas.</i> •Calendar/Weather 	<p>BUILDING COMMUNITY</p> <ul style="list-style-type: none"> •UNITE: Sing "Choices" • "Decisiones" p 184. •DISENGAGE THE STRESS RESPONSE: Review with a volunteer how to use the Cranky Cream p 166. •CONNECT: Use Fanny Frog to implement the Absent Child Ritual. •COMMIT: Implement the Safe Keeper Ritual and the Daily Commitment Ritual. •Kindness Tree • Morning Message: <i>Who Takes helpful choices?</i> • <i>Quien toma decisiones amables?</i> •Calendar/Weather 	<p>BUILDING COMMUNITY</p> <ul style="list-style-type: none"> •UNITE: Sing "Buckle Up" • "Abróchense el cinturón" p 182. •DISENGAGE THE STRESS RESPONSE: Invite children to create a list they have learned to help them to calm down. •CONNECT: Use Fanny Frog to implement the Absent Child Ritual. •COMMIT: Implement the Safe Keeper Ritual and the Daily Commitment Ritual. •Kindness Tree • Morning Message: <i>Safe choices are smart choices</i> • <i>Decisiones seguras son decisiones inteligentes.</i> •Calendar/Weather 	<p>BUILDING COMMUNITY</p> <ul style="list-style-type: none"> •UNITE: Sing "If You're Smart" • "Si eres listo" p 189. •DISENGAGE THE STRESS RESPONSE: Invite children to choose a partner and decide together which of the strategies they wish to perform. •CONNECT: Use Fanny Frog to implement the Absent Child Ritual. •COMMIT: Implement the Safe Keeper Ritual and the Daily Commitment Ritual. •Kindness Tree • Morning Message: <i>Do the right thing.</i> • <i>Haz lo correcto. Smart kids make smart choices.</i> • <i>Los niños inteligentes toman decisiones inteligentes.</i> •Calendar/Weather 	<p>BUILDING COMMUNITY</p> <ul style="list-style-type: none"> •UNITE: Sing "If You're Smart" • "Si eres listo" p 189. •DISENGAGE THE STRESS RESPONSE: Invite children to choose a partner and decide together which of the strategies they wish to perform. •CONNECT: Use Fanny Frog to implement the Absent Child Ritual. •COMMIT: Implement the Safe Keeper Ritual and the Daily Commitment Ritual. •Kindness Tree • Morning Message: <i>Do you make smart choices?</i> • <i>Tomas decisiones inteligentes?</i> •Calendar/Weather
Moving and Learning	<p>Choose favorite color streamers to dance with.</p> <p>Ribbon dance to "Rainbow Dancers"</p>	<p>Sing "Choices."</p> <p>Play Cooperative Musical Circles</p>	<p>Sing "Buckle Up."</p> <p>Parachute play & Three Little Pigs musical story.</p>	<p>Sing "If You're Smart."</p> <p>Play Drop the Dollar.</p>	<p>Sing "That Was Helpful."</p> <p>Play Red Light, Green Light.</p>

LESSON COMPONENTS	Monday	Tuesday	Wednesday	Thursday	Friday
Emergent Phonics <i>Get Ready for the Code</i>	<ul style="list-style-type: none"> • Experience the fun of alliteration • Identify words that begin with the same sound • Vocabulary: <i>alliteration, appropriate, choices, consequences</i> 	<ul style="list-style-type: none"> • Sequence Cards <i>Large, Medium and Small</i> • Vocabulary: <i>alliteration, appropriate, choices, consequences</i> • Book page 45 	<ul style="list-style-type: none"> • Vocabulary: <i>consequences, courageous, diligent, helpful, inappropriate, laws, promises</i> • Book page 46 	<ul style="list-style-type: none"> • Photo Pockets <i>Mm with manos Hh with Hands</i> • Vocabulary: <i>consequences, courageous, diligent, helpful, inappropriate, laws, promises</i> 	<ul style="list-style-type: none"> • Make a rhyme with the sound of the letter <i>m</i>. • Sequence Cards <i>Large, Medium and Small</i> • Book page 47
Literacy (Oral Language, Read- Aloud)	<ul style="list-style-type: none"> • Photo Activity Cards 1-3 • <i>Charlie Chipmunk's Thoughtful Choices</i> • <i>Las decisiones consideradas de Carlitos</i> • Develop vocabulary that describes choices 	<ul style="list-style-type: none"> • Listen to and pantomime "That Was Helpful" • "Has sido amable" • <i>A to Z Helping Hands</i> • <i>Manos amables de la A a la Z</i> • Discuss examples of helpful choices • Photo Activity Cards 4-6 	<ul style="list-style-type: none"> • <i>Once Upon a Time in Dragon Land</i> • <i>Había una vez en Dragolandia</i> • Learn about the author and illustrator • Discuss the dragons' choices • Photo Activity Cards 7-9 	<ul style="list-style-type: none"> • <i>The Frog Prince</i> • <i>El príncipe sapo</i> • Evaluate the frog's choice • Discuss keeping promises • Photo Activity Cards 10-12 	<ul style="list-style-type: none"> • <i>The Gift</i> • <i>El regalo</i> • Compares roaring to using a big voice • SHOW AND TELL ABOUT BEING HELPFUL AT HOME.
Pre-Writing <i>Handwriting without Tears</i>	<ul style="list-style-type: none"> • Cut and order strips of paper • Book page 34 	<ul style="list-style-type: none"> • Make magazine collages and discuss scissor safety 	<ul style="list-style-type: none"> • Tape cut pictures back together • Book page 35 	<ul style="list-style-type: none"> • Practice writing the letters <i>I, T, J</i> • Create color patterns 	<ul style="list-style-type: none"> • Illustrate classroom rules • Practice writing the letters <i>O, Q</i>
Weekly Learning Centers	<ul style="list-style-type: none"> • Fine Motor-Provide choices of puzzles and discuss • Gross Motor Area-Play Giant Concentration 	<ul style="list-style-type: none"> • Fine Motor-Give children an opportunity to make a helpful choice • Gross Motor Area-Play partner games that require making helpful choices • Language and Literacy-Point out differences in the ways children sort the card 	<ul style="list-style-type: none"> • Gross Motor Area-Play Pick Safe Choices • Language and Literacy-Encourage children who are proficient at working puzzles to help classmates that are less proficient 	<ul style="list-style-type: none"> • Fine Motor-Roll pennies • Gross Motor Area-Play Do the Right Thing • <i>Haz lo correcto</i> • Language and Literacy-Provide and discuss safety items that are worn by workers 	<ul style="list-style-type: none"> • Fine Motor-Practice washing hands • Gross Motor Area-Play Frog Toss • Language and Literacy-Make up a game using game pieces; Encourage children to explore the law of gravity
STEM <i>Naked Eggs</i>	<ul style="list-style-type: none"> • Create "large, medium, small" pattern with manipulatives • The human brain • Now You See It, Now You Don't: memory exercise 	<ul style="list-style-type: none"> • Practice identifying patterns • How to Make a CO2 Sandwich p 45 • Practice counting 1-20 	<ul style="list-style-type: none"> • Make patterns and predict what comes next • Color Changing Milk p 41 • Practice counting 10-20 	<ul style="list-style-type: none"> • Make a pattern of colored stripes • Discover what is inside a mystery gift box • Practice counting 30-40 	<ul style="list-style-type: none"> • Count forward to five and backwards from five to zero • Dry Ice p 92 • Chef It Up! • Practice counting 1-50
Character Education/Social Studies/KREM-TV/PATHS	<ul style="list-style-type: none"> • PATHS • Discuss thoughtful choices p 24 • List helpful choices children make in the classroom 	<ul style="list-style-type: none"> • KREM-TV <i>Shubert's Helpful Day</i> • Recall and analyze advice for calming down 	<ul style="list-style-type: none"> • PATHS • Discuss being faithful to friends 	<ul style="list-style-type: none"> • KREM-TV • Introduce the idea of consequences • Evaluate right choices 	<ul style="list-style-type: none"> • PATHS • Discuss rules and laws and why we have them

LESSON COMPONENTS	Monday	Tuesday	Wednesday	Thursday	Friday
Closing Circle	<ul style="list-style-type: none"> Reflecting on the day: <i>What means when someone says they made a thoughtful choice?</i> Perform the Daily Commitment Check Kindness Tree Family Connection: Encourage children to search their homes for a perfect chair for Papa Bear. 	<ul style="list-style-type: none"> Reflecting on the day: <i>Name some helpful choices you made in the classroom.</i> Perform the Daily Commitment Check Kindness Tree Family Connection: Suggest children choose a hopping pattern and hop to the kitchen from the door at home. 	<ul style="list-style-type: none"> Reflecting on the day: <i>What are some safe rules that you followed?</i> Perform the Daily Commitment Check Kindness Tree Family Connection: Send home asking for empty product or food packaging with numeral on it. 	<ul style="list-style-type: none"> Reflecting on the day: <i>What does it mean when someone says "mind your manners"?</i> Perform the Daily Commitment Check Kindness Tree Family Connection: Remind children to practice their manners at home. 	<ul style="list-style-type: none"> Reflecting on the day: <i>Why is it important that we choose to follow rules and obey laws?</i> Perform the Daily Commitment Check Kindness Tree Family Connection: Encourage children to teach "Humpty Dumpty" to someone at home.
Outdoor Learning	<ul style="list-style-type: none"> Provide various types of balls for play and discuss their different attributes 	<ul style="list-style-type: none"> Invite children to brainstorm ideas for ways to share the tricycles, balls, or other outdoor equipment that has to be shared 	<ul style="list-style-type: none"> Encourage children to pick up trash on playground 	<ul style="list-style-type: none"> Play Dog and Bone • Perro y hueso 	<ul style="list-style-type: none"> Discuss the purpose of traffic lights. Play Red Light, Green Light • Luz roja, luz verde
Learning Goals	<ul style="list-style-type: none"> Recognizes at least 20 letter sounds Increasingly interacts and communicates with peers to initiate pretend-play scenarios that share a common plan and goal Shows understanding by following two-step oral directions, and usually follows three-step directions Asks and answers appropriate questions about the book Demonstrates empathy and caring for others Demonstrates understanding of terms used in the instructional language of the classroom Initiates problem-solving strategies and seeks adult help when necessary 	<ul style="list-style-type: none"> Recognizes at least 20 letter sounds Participates in classroom music activities Is able to increase or decrease intensity of emotions more consistently, although adult guidance is sometimes necessary Assumes various roles and responsibilities as part of a classroom community Demonstrates empathy and caring for others Asks and answers appropriate questions about the book Follows classroom rules and routines with occasional reminders from teacher Demonstrates empathy and caring for others Uses art as a form of creative self-expression and representation 	<ul style="list-style-type: none"> Recognizes at least 20 letter sounds Uses some appropriate writing conventions when writing or giving dictation Follows classroom rules and routines with occasional reminders from teacher Uses a wide variety of words to label and describe people, places, things, and actions Practices good habits of personal safety Demonstrates an understanding that others have perspectives and feelings that are different from own Asks and answers appropriate questions about the book Participates in classroom music activities 	<ul style="list-style-type: none"> Demonstrates empathy and caring for others Uses a wide variety of words to label and describe people, places, things, and actions Demonstrates an understanding that others have perspectives and feelings that are different from own Provides appropriate information for various situations Produces a word that begins with the same sound as a given pair of words Assumes various roles and responsibilities as part of a classroom community Demonstrates use of location words Begins to have meaningful friends 	<ul style="list-style-type: none"> Recognizes at least 20 letter sounds Assumes various roles and responsibilities as part of a classroom community Shows initiative in independent situations and persists in attempting to solve problems Uses information learned from books by describing, relating, categorizing, or comparing and contrasting Asks and answers appropriate questions about the book Practices good habits of personal safety Uses category labels to understand how words and objects relate to each other Participates in classroom music activities

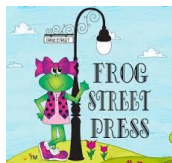


Lesson Plan for Choices • Decisiones - Healthy Choices • Decisiones saludables (Week 15)		Date: Dec. 9-13, 2019	Class: Crème Prep
Wonderful Word: <i>nutritious</i> , nutritivo		Character <i>Fairness and Confidence</i> Education: Justicia y Confianza	Technology: Writer's Corner; ABC and XYZ
Literacy: Comprehension, Phonological Awareness, Alliteration	States' Standards and BSRA-3: Numbers/Counting: Rote Counting Without Place Value	Letter Knowledge: English -F, f, N, n, B, b Spanish -F, f, N, n, B, b	Math: Geometry
English Vocabulary: <i>abundant, bean, dairy, dehydrated, diagonal, feast, fruits, grain, horizontal, meat, nutritious, produce, silkworms</i>			
Spanish Vocabulary: <i>abundante, frijol, lácteo, deshidratado, diagonal, festín, frutas, grano, horizontal, carne, nutritiva, productos alimenticios, gusanos de seda, verduras</i>			

LESSON COMPONENTS	Monday	Tuesday	Wednesday	Thursday	Friday
Greeting Circle	<p>BUILDING COMMUNITY</p> <ul style="list-style-type: none"> •UNITE: Introduce the theme Teach the children "Go Bananas" (p 196). •DISENGAGE THE STRESS RESPONSE: Invite the children to pretend to pick apples. •CONNECT: Implement the Absent Child Ritual. •COMMIT: Implement the Safe Keeper Ritual and the Daily Commitment Ritual. •Challenge children to notice two kind acts today. • Morning Message: <i>What is your favorite nutritious fruit? • Cual es tu fruta favorita?</i> •Calendar/Weather 	<p>BUILDING COMMUNITY</p> <ul style="list-style-type: none"> •UNITE: Sing "Muffin Man" • "El señor panecillo" p 189. •DISENGAGE THE STRESS RESPONSE: Invite children to perform Pretzel • Galleta salada p 169. •CONNECT: Use Fanny Frog to implement the Absent Child Ritual. •COMMIT: Implement the Safe Keeper Ritual and the Daily Commitment Ritual. •Kindness Tree • Morning Message: <i>Bread and tortillas are fine with butter. • Pan y tortillas son buenas con mantequilla.</i> •Calendar/Weather 	<p>BUILDING COMMUNITY</p> <ul style="list-style-type: none"> •UNITE: Sing "Peanut Butter" • "Crema de cacahuete" p 191. •DISENGAGE THE STRESS RESPONSE: Invite children choose a calming strategy and perform it. •CONNECT: Play Hot Cross Buns p 189. •COMMIT: Implement the Safe Keeper Ritual and the Daily Commitment Ritual. •Kindness Tree • Morning Message: <i>Peanut butter and eggs are nutritious • La mantequilla de cacahuete y los huevos son nutritivos.</i> •Calendar/Weather 	<p>BUILDING COMMUNITY</p> <ul style="list-style-type: none"> •UNITE: Sing "Raindrop Song" • "La canción de las gotas de lluvia" p 190. •DISENGAGE THE STRESS RESPONSE: Invite the children to pretend they are at the amusement park or county fair. •CONNECT: Use Fanny Frog to implement the Absent Child Ritual. •COMMIT: Implement the Safe Keeper Ritual and the Daily Commitment Ritual. •Kindness Tree • Morning Message: <i>Does fast food have nutrients?. • Es nutritiva la comida rápida.</i> •Calendar/Weather 	<p>BUILDING COMMUNITY</p> <ul style="list-style-type: none"> •UNITE: Sing "Drink, Drink, Drink Your Water" • "Bebe, bebe, bebe tu agua" p 186. •DISENGAGE THE STRESS RESPONSE: Invite children to perform Drain • Desagüe p 168. •CONNECT: Use Fanny Frog to implement the Absent Child Ritual. •COMMIT: Implement the Safe Keeper Ritual and the Daily Commitment Ritual. •Kindness Tree • Morning Message: <i>Water keeps your body and brain healthy. • El agua mantiene tu cuerpo y cerebro saludables.</i> •Calendar/Weather
Moving and Learning	<p>"Go Bananas" song</p> <p>Play Fruit Basket Turnover game.</p>	<p>Sing "Muffin Man."</p> <p>Food clapping rhymes</p>	<p>Sing "Peanut Butter."</p> <p>Play Drop the Peanut and Hot Cross Buns games.</p>	<p>Sing "Raindrop Song."</p> <p>Play Who Took the Cookie from the Cookie jar? game.</p>	<p>Sing "Drink, Drink, Drink Your Water."</p> <p>Raindrop Ribbon Dance</p>

LESSON COMPONENTS	Monday	Tuesday	Wednesday	Thursday	Friday
Phonics <i>Get Ready for the Code</i>	<ul style="list-style-type: none"> Vocabulary Cards: <i>fruits, vegetables, nutritious</i> Identify words that begin with the letter <i>F</i> 	<ul style="list-style-type: none"> Vocabulary Cards: <i>bread, meat, bean, water</i> Book pages 48-49 	<ul style="list-style-type: none"> Sequence Cards: <i>Seed to Fruit, The Little Red Hen</i> Vocabulary <i>abundant, bean, dairy, dehydrated, diagonal, feast</i> Book page 50 	<ul style="list-style-type: none"> Photo Pockets <i>Nn with nuts or nueces</i> <i>Cc with candy</i> Vocabulary <i>abundant, bean, dairy, dehydrated, diagonal, feast</i> 	<ul style="list-style-type: none"> Work with rhyming words Read and recite rhymes Listen for rhyming words
Literacy (Oral Language, Read- Aloud)	<ul style="list-style-type: none"> Photo Activity Cards 55, 56, 58 <i>Food Around the World</i> <i>Comidas de todo el mundo</i> Discuss food pyramid 	<ul style="list-style-type: none"> Photo Activity Cards 59, 63, 64 "The Country and City Mouse" "El ratón de campo y el ratón de la ciudad" listening story Compare the city mouse and the country mouse Discuss the abundant feast 	<ul style="list-style-type: none"> <i>Food Around the World</i> <i>Comidas de todo el mundo</i> Discuss different proteins and how they are prepared for eating Focus on nuts 	<ul style="list-style-type: none"> Photo Activity Cards 75, 99, 108 "Candy Land Journey" "Diario del país del dulce" action story Discuss the importance of eating nutritious foods 	<ul style="list-style-type: none"> SHOW AND TELL ABOUT THEIR FAVORITE CHOICE FOR A SNACK. "Jack and Jill" "Juan y Josefina" Nursery Rhyme Cuentos infantiles flip chart
Pre-Writing <i>Handwriting without Tears</i>	<ul style="list-style-type: none"> Graph favorite snack Make collages on boxes with pictures of grains and dairy products for MYPlate 	<ul style="list-style-type: none"> Build a well Book page 36 	<ul style="list-style-type: none"> Make collages on boxes with pictures of meats and beans for MYPlate 	<ul style="list-style-type: none"> Write words that start with the letter <i>J</i> Make a MYPlate 	<ul style="list-style-type: none"> Draw foods that begin with the letters <i>G, S</i>
Weekly Learning Centers	<ul style="list-style-type: none"> Pretend and Learn - Set up a fruit and vegetable stand Fine Motor - Use tweezers to move apple seeds from one container to another container 	<ul style="list-style-type: none"> Pretend and Learn - Add dairy and grain products and begin grocery store Fine Motor - Use tweezers to move the beads into cupcake holders 	<ul style="list-style-type: none"> Pretend and Learn - Add canned foods and pretend meat to the grocery store Fine Motor - Use tweezers to place the "pickles" on a bun (circle of brown construction paper) 	<ul style="list-style-type: none"> Pretend and Learn - Set up a fast food restaurant Fine Motor - Move candy from one bowl to the other using tweezers 	<ul style="list-style-type: none"> Pretend and Learn - Practice pouring water and cleaning up spills Fine Motor - Transfer water using a sponge and an eyedropper
STEM <i>Naked Eggs</i>	<ul style="list-style-type: none"> Match blocks to food items (three-dimensional shapes) Tasting Practice counting 1-50 	<ul style="list-style-type: none"> Follow rebus recipe to make a cheese sandwich Try to Taste Practice counting 60--70 	<ul style="list-style-type: none"> Make play dough shapes Make MYPlate Practice counting 80-90 	<ul style="list-style-type: none"> Create patterns by twirling two colored strips Taste Diagram Discover what is inside a mystery gift box Practice counting 1-100 	<ul style="list-style-type: none"> Fill bottles with water Observe melting ice cubes Chef It Up! Practice counting 1-100
Character Education/Social Studies/KREM-TV/PATHS	<ul style="list-style-type: none"> PATHS Discuss food around the world 	<ul style="list-style-type: none"> KREM-TV Role play "The Little Red Hen." Discuss different kinds of bread 	<ul style="list-style-type: none"> PATHS Categorize foods Discuss fast food 	<ul style="list-style-type: none"> KREM-TV Read environmental print Vote for favorite fast-food snack 	<ul style="list-style-type: none"> PATHS Discuss importance of drinking water

LESSON COMPONENTS	Monday	Tuesday	Wednesday	Thursday	Friday
Closing Circle	<ul style="list-style-type: none"> • Reflecting on the day: <i>What have you learned about fruits and vegetables today?</i> • Perform the Daily Commitment Check. • Kindness Tree • Family Connections: Send home <i>Cathy Cook</i> with each child. 	<ul style="list-style-type: none"> • Reflecting on the day: <i>From what does the little red hen make her bread?</i> • Perform the Daily Commitment Check. • Kindness Tree • Family Connections: Challenge children to notice the many different kinds of bread in the local grocery store. 	<ul style="list-style-type: none"> • Reflecting on the day: <i>How do you think the Little Red Hen felt when her friends refused to help her?</i> • Perform the Daily Commitment Check. • Kindness Tree • Family Connections: Practice repeating your class's favorite food nursery rhyme. 	<ul style="list-style-type: none"> • Reflecting on the day: <i>What have you learned about fast food today?</i> • Perform the Daily Commitment Check. • Kindness Tree • Family Connections: Encourage children to teach their families one of the songs sung today. 	<ul style="list-style-type: none"> • Reflecting on the day: <i>Why it is important to drink water?</i> • Perform the Daily Commitment Check. • Kindness Tree • Family Connections: Encourage the children to teach someone the healthy choices they learned about this week.
Outdoor Learning	<ul style="list-style-type: none"> • Toss watermelon seeds into cups 	<ul style="list-style-type: none"> • Plant a fall garden in pots or in old tires 	<ul style="list-style-type: none"> • Serve snack or lunch outdoors 	<ul style="list-style-type: none"> • Provide props (hat, apron, ice cream cartons, snow-cone cups, music box, signage) to add to the bicycles to make them pretend ice-cream trucks 	<ul style="list-style-type: none"> • Provide watering cans, and let the children water the outdoor plants
Learning Goals	<ul style="list-style-type: none"> • Is aware of where own body is in space, respects personal boundaries • Uses a wide variety of words to label and describe people, places, things, and actions • Recognizes at least 20 letter sounds • Uses category labels to understand how the words or objects relate to each other • Identifies similarities and differences in characteristics of families • Identifies good habits of nutrition and exercise 	<ul style="list-style-type: none"> • Shows understanding by following two-step oral directions and usually follows three-step directions • Uses a large speaking vocabulary, adding several new words daily • Uses category labels to understand how the words and objects relate to each other • Asks and answers appropriate questions about the book • Retells or reenacts a story after it is read aloud • Creates or re-creates stories, moods, or experiences through dramatic representations 	<ul style="list-style-type: none"> • Increasingly interacts and communicates with peers to initiate pretend-play scenarios that share a common plan and goal • Uses some appropriate writing conventions when writing or giving dictation • Identifies similarities and differences in characteristics of families • Produces a word that rhymes with a given word • Identifies good habits of nutrition and exercise • Produces a word that begins with the same sound as a given pair of words • Discusses the roles and responsibilities of community workers 	<ul style="list-style-type: none"> • Demonstrates empathy and caring for other • Identifies good habits of nutrition and exercise • Produces a word that begins with the same sound as a given pair of words • Identifies good habits of nutrition and exercise • Engages in voting as a method for group decision making • Demonstrates use of location words • Shows understanding by responding appropriately • Participates in classroom music activities 	<ul style="list-style-type: none"> • Begins to understand difference and connection between <i>feelings</i> and <i>behaviors</i> • Recognizes, observes, and discusses the relationship of organisms to their environments • Responds to different musical styles through movement and play • Demonstrates that all people need food, clothing, and shelter • Identifies good habits of nutrition and exercise • Identifies and describes the characteristics of organisms



Lesson Plan for Choices • Decisiones - Healthy Habits • Hábitos saludables		Date: December 16-20, 2019	Class: Crème Prep
Wonderful Word: <i>habit, hábito</i>	Character <i>Fairness and Confidence</i> Education: <i>Justicia y Confianza</i>	Technology: Math-What Comes Next?; Words Words Words	
Literacy: Oral Language, Vocabulary	Letter English - P, p, L, l, R, r Knowledge: Spanish - P, p, L, l, R, r	Math: Measurement–Time	
English Vocabulary: <i>active, after, alert, bedtime, before, confidence daytime during, etiquette, exercise fair, habit, manners, nighttime, respect, routine</i>			
Spanish Vocabulary: <i>activo, después, alerta, hora de irse a dormir, antes, confianza, día, durante, etiqueta, ejercicio justo, hábito, modales, noche, respeto, rutina</i>			

LESSON COMPONENTS	Monday	Tuesday	Wednesday	Thursday	Friday
Greeting Circle	<p>BUILDING COMMUNITY</p> <ul style="list-style-type: none"> •UNITE: Sing "Are You Sleeping?" • "Estas durmiendo?" p 182. •DISENGAGE THE STRESS RESPONSE: Invite children to choose a calming strategy to perform. •CONNECT: Use Fanny Frog to implement the Absent Child Ritual. •COMMIT: Implement the Safe Keeper Ritual and the Daily Commitment Ritual. •Kindness Tree • Morning Message: <i>Do you read a book at bedtime? • Lees un libro antes de dormirte?</i> •Calendar/Weather 	<p>BUILDING COMMUNITY</p> <ul style="list-style-type: none"> •UNITE: Invite the children to do the stretching exercise Stretch to the Window • Estírense hasta la ventana p 198. •DISENGAGE THE STRESS RESPONSE: Play S. T. A. R. p 177. •CONNECT: Use Fanny Frog to implement the Absent Child Ritual. •COMMIT: Implement the Safe Keeper Ritual and the Daily Commitment Ritual. •Kindness Tree • Morning Message: <i>My grandmother grows pansies, petunias, lilies, and roses. • Mi abuela cultiva petunias, pensamientos, lirios y rosas.</i> •Calendar/Weather 	<p>BUILDING COMMUNITY</p> <ul style="list-style-type: none"> •UNITE: Sing "Sign Along with Me" • "Canta junto a mi" p 192. •DISENGAGE THE STRESS RESPONSE: Play Shubert Shuffle p 181. •CONNECT: Invite children to select a partner to greet. •COMMIT: Implement the Safe Keeper Ritual and the Daily Commitment Ritual. •Kindness Tree • Morning Message: <i>Respect my friends. Listen to the teacher. Pass the paper, please. • Respeta a mis amigos. Escucha al maestro. Por favor pasa el papel.</i> •Calendar/Weather 	<p>BUILDING COMMUNITY</p> <ul style="list-style-type: none"> •UNITE: Sing "This Is the Way We brush Our Teeth" • "Así es como nos cepillamos los dientes" p 195. •DISENGAGE THE STRESS RESPONSE: Invite children to choose a calming strategy. •CONNECT: Use Fanny Frog to implement the Absent Child Ritual. •COMMIT: Implement the Safe Keeper Ritual and the Daily Commitment Ritual. •Kindness Tree • Morning Message: <i>Doctors listen to our lungs. Doctors check our reflexes. • Los doctores escuchan nuestros pulmones. Los doctores checan nuestros reflejos.</i> •Calendar/Weather 	<p>BUILDING COMMUNITY</p> <ul style="list-style-type: none"> •UNITE: Sing "Are You Sleeping?" • "Estas durmiendo?" p 182. •DISENGAGE THE STRESS RESPONSE: Invite children to choose a calming strategy to perform. •CONNECT: Use Fanny Frog to implement the Absent Child Ritual. •COMMIT: Implement the Safe Keeper Ritual and the Daily Commitment Ritual. •Kindness Tree • Morning Message: <i>Do you read a book at bedtime? • Lees un libro antes de dormirte?</i> •Calendar/Weather
Moving and Learning	"Ten in the Bed" • "Diez en una cama" action song	Create a new patty-cake pattern	"Peanut Butter and Jelly" • "Mantequilla de cacahuete y mermelada" song	"Dr. Knicker Bocker" action song	"Ten in the Bed" • "Diez en una cama" action song

LESSON COMPONENTS	Monday	Tuesday	Wednesday	Thursday	Friday
Phonological Awareness	Vocabulary Cards <i>manners, sleep</i> •Sequence bedtime routine pictures	Vocabulary Cards <i>exercise, stress</i> • Clap syllables for <i>hobby</i> Words with <i>p</i>	Photo Pockets <i>Dd and dentist, doctor, dentista</i> Listen for /p/, /l/, and /r/	Work on rhymes • Sequence parts of a typical wellness checkup	Vocabulary Cards <i>manners, sleep</i> •Sequence bedtime routine pictures
Literacy (Oral Language, Read- Aloud)	• Describe familiar steps in the bedtime routine SHOW AND TELL ABOUT YOUR FAVORITE BEDTIME STORY.	Photo Activity Cards 1, 3, 5 <i>Five Huge Dinosaurs</i> • <i>Cinco enormes dinosaurios</i> • Explore different ways to move Photo Activity Cards 6, 7, 75	• Describe a <i>sloober A to Z Ps and Qs</i> • <i>Buenos modales de la A a la Z</i> • Introduce idea of manners • Discuss how using manners can build confidence • Generate examples of good manners	<i>Neighborhood Helpers</i> • <i>Ayudantes del vecindario</i> • Introduce doctor, nurse, and dentist • Consider <i>healthy habits</i>	• Describe familiar steps in the bedtime routine SHOW AND TELL ABOUT YOUR FAVORITE BEDTIME STORY.
Pre-Writing/Fine Motor Skills <i>Handwriting without Tears</i>	Use a sponge to move water from one bowl to another <i>Get Set for School CD</i> "Down on Granps's Farm (22)	• Make a Healthy Habits Book <i>Get Set for School CD</i> "Down on Granps's Farm (22)	• Make a Healthy Habits Book <i>Get Set for School CD</i> "Down on Granps's Farm (22)	• Make a Healthy Habits Book <i>Get Set for School CD</i> "Down on Granps's Farm (22)	Use a sponge to move water from one bowl to another <i>Get Set for School CD</i> "Down on Granps's Farm (22)
Weekly Learning Centers	• Fine Motor-Play game with wiggle eyes • Math-Role-play "Ten in the Bed" • "Diez en una cama" (p. 193) • Pretend and Learn-Invite children to put the baby dolls to bed	• Fine Motor- Invite the children to draw a picture of something they do just for fun • Math-Count breaths using a sand timer • Pretend and Learn-Use a tub of water, soap and sponges to discuss how the feel and sound of water can relieve stress	• Fine Motor-Play a game or build a Lego™ house with a friend • Math-Play Pass the Number Please • Pretend and Learn-Set the table and sit down to a pretend dinner	• Fine Motor-Place in order the <i>Teeth Brushing</i> sequence cards and <i>Hand Washing</i> sequence cards • Math-Experiment with weight and height • Pretend and Learn-Provide props for a doctor's office	• Fine Motor-Play game with wiggle eyes • Math-Role-play "Ten in the Bed" • "Diez en una cama" (p. 193) • Pretend and Learn-Invite children to put the baby dolls to bed
STEM	• Toss and count beanbags Sing "Wash Your Hands" • Sing "Wash Your Hands" • Germ Shake: distribution of germs demonstration Chef It Up!	• Introduce vocabulary <i>before, during, and after</i> • Create timeline of school day events • Science-Sequence events in daily routine	• Measure how much water is squeezed from a sponge into a container in one minute • Sort numerals that come <i>before</i> and <i>after</i> a given number	• Introduce calendar and months of the year •Make a birthday calendar • Healthy Habits Chart	• Toss and count beanbags Sing "Wash Your Hands" • Sing "Wash Your Hands" • Germ Shake: distribution of germs demonstration Chef It Up!
Character Education/Social Studies/KREM-TV/PATHS	PATHS Discuss the importance of getting enough sleep. •Role-play reading a book as an important part of the bedtime routine	KREM-TV • Introduce relaxing strategies as a healthy choice to overcome stress • <i>How do you feel when you are doing fun activities?</i>	PATHS •Discuss manners • List appropriate behaviors	KREM-TV • Discuss children's experiences with doctors, nurses, and dentists Role-play doctor visits	PATHS Discuss the importance of getting enough sleep. •Role-play reading a book as an important part of the bedtime routine

LESSON COMPONENTS	Monday	Tuesday	Wednesday	Thursday	Friday
Closing Circle	<ul style="list-style-type: none"> Reflecting on the day: <i>Why is getting ten hours of sleep a healthy habit?</i> Perform the Daily Commitment Check. Kindness Tree Family Connection: Send home "Your Fingers Are So Sleepy." 	<ul style="list-style-type: none"> Reflecting on the day: <i>Name an activity you do before you come to school.</i> Perform the Daily Commitment Check. Kindness Tree Family Connection: Encourage children to identify several things at home that have a beginning and an end. 	<ul style="list-style-type: none"> Reflecting on the day: <i>What are manners?</i> Perform the Daily Commitment Check. Kindness Tree Family Connection: Encourage children to demonstrate good manners at home. 	<ul style="list-style-type: none"> Reflecting on the day: <i>Why are routine doctor and dentist checkups a healthy habit?</i> Perform the Daily Commitment Check. Kindness Tree Family Connection: <i>In what month were you born?</i> 	<ul style="list-style-type: none"> Reflecting on the day: <i>Why is getting ten hours of sleep a healthy habit?</i> Perform the Daily Commitment Check. Kindness Tree Family Connection: Send home "Your Fingers Are So Sleepy."
Outdoor Learning	<ul style="list-style-type: none"> Play "Old Gray Cat" • "El viejo gato gris" (p. 200) 	<ul style="list-style-type: none"> Have children lie on their backs and watch the clouds. Point out that being quiet and being fully present with nature can be an effective way to relax and reduce stress. 	<ul style="list-style-type: none"> Play Mother, May I, ...? • Mamá, puedo. (p. 200) 	<ul style="list-style-type: none"> Play The Doctor Says • El médico dice as you would play Simon Says 	<ul style="list-style-type: none"> Play "Old Gray Cat" • "El viejo gato gris" (p. 200)
Learning Goals	<ul style="list-style-type: none"> Practices good habits of personal health and hygiene Is able to increase or decrease intensity of emotions more consistently, although adult guidance is sometimes necessary Participates in classroom music activities Asks to be read to or asks the meaning of written text language to describe concepts associated with the passing of time 	<ul style="list-style-type: none"> Begins to understand difference and connection between <i>feelings</i> and <i>behaviors</i> Practices good habits of personal safety Recognizes and creates patterns Is able to increase or decrease intensity of emotions more consistently, although adult guidance is sometimes necessary Identifies good habits of nutrition and exercise Uses language to describe concepts associated with the passing of time 	<ul style="list-style-type: none"> Begins to have meaningful friends Shows competence in initiating social interactions Regulates his own behavior with occasional reminders or assistance from teacher Shows understanding by responding appropriately Uses language to describe concepts associated with the passing of time 	<ul style="list-style-type: none"> Practices good habits of personal health and hygiene Participates in classroom music activities Is able to increase or decrease intensity of emotions more consistently, although adult guidance is sometimes necessary Retells or reenacts a story after it is read aloud Discusses the roles and responsibilities of community workers Organizes their life around events, time, and routines 	<ul style="list-style-type: none"> Practices good habits of personal health and hygiene Is able to increase or decrease intensity of emotions more consistently, although adult guidance is sometimes necessary Participates in classroom music activities Asks to be read to or asks the meaning of written text language to describe concepts associated with the passing of time



Theme: Holiday Celebrations I

Crème Prep Lesson Plan

Week: December 23-27, 2019

Day of the Week/ Objectives	Calendar Circle Time	Language Comprehension	Phonics Development	Handwriting Enrichment	STEM	Social Studies	Curriculum Centers
Monday To learn about different holiday celebrations.	Calendar/Weather Introduce the theme. Sing "Ring Those Bells" <u>Morning Message:</u> A holiday is a happy celebration.	Introduce theme. Explain to the children different countries have different holiday celebrations	Alphabet Sounds review Review Rhyming words	Make a holiday shopping list	Make patterns using the holiday colors red, white, and green	PATHS Discuss with children the story of the Christmas Tree	Build a winter log cabin with the Lincoln log center Library Center
Tuesday To learn about different holiday celebrations.		HOLIDAY		CRÈME		CLOSED	
Wednesday To participate in classroom activities.		HOLIDAY		CREME		CLOSED	
Thursday To learn about holidays around the world.	Calendar/Weather Sing "Frosty the Snowman." <u>Morning Message:</u> What makes a snowman?	Christmas is celebrated December 25 in countries all around the world. Read a book about Christmas.	Play a Sight Words game	Practice writing their first and last names.	Pine Branch Painting	PATHS Discuss traditions in different countries	Lego Center Dramatic Play Kitchen Listening Center
Friday To use language to express common routines.	Calendar/Weather Sing "I Have a Little Dreidel". <u>Morning Message:</u> What things do you like to do with mom and dad?	Hanukkah is a Jewish celebration. Play the Dreidel Game.	Alphabet Sounds review	Write the letters of the week	Review shapes Sort shape blocks "If You're Happy and You Know It - Shapes Version"	PATHS Have children build circular buildings. Discuss how they would finish their houses.	Ask the children if they can remember the "Going on a Bear Hunt" action story and let them take turns acting it out.